# **NOWS Resources in Our Service Area**

# **Contact information for resources below found in the** [**ALPQC Perinatal Resource Directory Map**](https://uabsoph.maps.arcgis.com/apps/MapJournal/index.html?appid=d6fca1b6b56f44f4be7924761893af45)

**FOR STAFF USE**

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| **Alabama Coordinated Health Network** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

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| **Community Health Center** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

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| **Community Mental Health Center** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

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| **Early Intervention Services & Providers** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

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| **Family Planning** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

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| **Health Department(s)** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

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| **Healthy Start** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

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| **Home Visiting Programs & Providers** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

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| **Lactation Support** | **Provider and/or Program Name**: |  |
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| **Helpful Tips for a Successful Referral**: |  |

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| **Peer Recovery Support** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

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| **Substance Use Recovery Programs** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

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| **WIC Offices** | **WIC Office(s) Contact Information:** |  |
| **Helpful Tips for a Successful Referral:** |  |

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| **Substance Use Recovery Programs** | **Provider and/or Program Name**: |  |
| **Contact Information**: |  |
| **Helpful Tips for a Successful Referral**: |  |

# **Coordinated Discharge for Opioid-Exposed Newborns:**

# **Community Resources Mapping Tool**

**FOR STAFF USE**

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| **Community Pediatrician** | **Why It’s Important** | The community pediatrician will serve as the newborn child’s medical home and facilitate care coordination post discharge. The community pediatrician will work in partnership with the child's family to ensure that all medical, psychosocial, and educational needs of the child and family are met in the local community. |
| **Resources** | Find a Pediatrician - [healthychildren.org](https://www.healthychildren.org/english/tips-tools/find-pediatrician/Pages/Pediatrician-Referral-Service.aspx)Alabama Medicaid Providers [https://www.medicaid.alabamaservices.org/providerDirectory/](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.medicaid.alabamaservices.org_providerDirectory_&d=DwMGaQ&c=o3PTkfaYAd6-No7SurnLt5qpge1aKYwPQyBFS7c8AA0&r=Kez2XQq1SyPBcVGVFEMMopookYT56RV_efdAgUlK-3c&m=cex-8Bce1-yWD_MF3JE5vur2SpfJlxDD6rZ9K8hbtNk&s=3ZVi__lk5CfhDJ8xNd-VWQQs88_wvyb7z7QXYJXuh3M&e=) |

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| **Alabama’s Early Intervention System** | **Why It’s Important** | The Alabama Department of Rehabilitation Service’s Early Intervention System offers services to families who have infants and toddlers (birth to 36 months old) with a developmental delay or diagnosis that may delay normal development. Early intervention support equips parents and caregivers to help the child learn and meet age-appropriate milestones. |
| **Resources** | Alabama’s Early Intervention System Website - <https://www.rehab.alabama.gov/services/ei> |

**Additional Community Resources**

**Local resources within each heading can be found in the** [**ALPQC Perinatal Resource Directory Map**](https://uabsoph.maps.arcgis.com/apps/MapJournal/index.html?appid=d6fca1b6b56f44f4be7924761893af45)

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| **Alabama Coordinated Health Network (ACHN)** | The Alabama Coordinated Health Network was created by Alabama Medicaid Federally to create a single care coordination delivery system to effectively link patients, providers and community resources in each of the seven regions. More information at: <https://medicaid.alabama.gov/content/5.0_Managed_Care/5.1_ACHN/5.1.2_ACHN_Recipients.aspx> |

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| **Community Health Center** | Federally qualified health centers (FQHCs) include certain community health centers, migrant health centers and health care for the homeless programs along with other centers known as "look alike" FQHCs. There are 165 FQHCs across the state. Services covered by the FQHC program include ambulatory services provided by physicians, physician assistants, nurse practitioners, nurse midwives, clinical psychologists and clinical social workers. |

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| **Community Mental Health Center** | There are 87 community mental health centers in Alabama. Each facility provides a wide range of services to address the mental health needs of patients, including peer support services for individuals experiencing mental illness. Mental health provider search: [https://mh.alabama.gov/providers-search/](https://urldefense.proofpoint.com/v2/url?u=https-3A__mh.alabama.gov_providers-2Dsearch_&d=DwMFAg&c=o3PTkfaYAd6-No7SurnLt5qpge1aKYwPQyBFS7c8AA0&r=Kez2XQq1SyPBcVGVFEMMopookYT56RV_efdAgUlK-3c&m=91n2j-yYeiwkVsKoz9tNvTHA793ZnfdKRim32TeFLfU&s=OZ3Mx2O9VA920-N5m7M0QCOm4xVtMRaeOG2NQnJ3sy4&e=)Drop-in Centers for individuals with mental illness (also offer peer support services): <https://mh.alabama.gov/individuals/>Wings Across Alabama Warmline: 1-844-999-4647SAMHSA national helpline for individuals with mental health and/or substance use disorders: 1-800-662-HELP (4357). |

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| **Family Planning Center** | Family planning services are offered through 83 clinics throughout the state. Services include: * Physical Exam (including a medical history, pap smear, clinical breast exam, and height, weight, and blood pressure check)
* Family Planning counseling and education on all contraceptive methods
* Testing for pregnancy, HIV, and STD
* Birth control supplies
* Sterilization (including counseling, education, and referral)
* Pre-conception counseling (planning your pregnancy)
* Care coordination for some clients.

More information at <https://www.alabamapublichealth.gov/FamilyPlanning/>  |

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| **Health** **Department** | Local health departments can be an important resource for services and community referrals for families, including WIC, family case management, home visiting, and screenings. More information at: <https://www.alabamapublichealth.gov/about/health-departments.html> |

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| **Healthy Start** | The goals of the Healthy Start initiative are to – (1) Reduce differences in access to, and use of health services, (2) Improve the quality of the local health care system, (3) Empower women and their families, and (4) Increase consumer and community participation in health care decisions. The services they provide include - * Health Care Services – prenatal, postpartum, well-baby, adolescent care, reproductive life planning, and women’s health
* Enabling Services – case management, outreach, home visiting, adolescent pregnancy prevention, childbirth education, parenting skill-building, self-esteem building, transportation, translation, childcare, breastfeeding and nutrition education, father support, housing assistance, job training, and prison/jail-based services
* Public Health Services – immunization and health education (e.g., smoking cessation)
* Provider training
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| **Home Visiting** | Home visiting programs serve expectant parents and families with children birth to 3 years old. The programs promote positive parenting, healthy child growth and development, and prepare young children for school success. In Alabama, there are several research-based, home visiting models that are being implemented in local communities, such as Parents As Teachers (PAT), Nurse-Family Partnership (NFP) and Home Instruction for Parents of Preschool Youngsters (HIPPY). Home visiting program components include home/personal visits, group connections, screening, and individual family service planning. A referral must be made to enroll in home visiting. Anyone can refer a family including social services, hospitals, schools, and early childhood programs. More information at <https://children.alabama.gov/firstteacher/>  |

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| **Lactation Services** | The Resource Directory Map displays support centers in Alabama counties. There are 39 centers across the state. Mother's Milk Depot locations are marked on the map with a blue star. These depot locations collect, process and facilitate the distribution of excess mother's milk for mothers. Lactation support groups are marked with a pink circle. These support groups provide an informal environment to assist mothers. The National Breastfeeding Helpline is 1-800-944-9662. |

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| **Peer Recovery Support** | Peer Specialists are individuals with lived experience in substance use and/or mental health disorders. The Alabama Department of Mental Health has established a peer-driven accessible system of recovery-oriented services addressing the holistic needs of individual who have experienced substance use disorders. Peer Specialists are available to assist in navigation of the treatment system. More information at <https://mh.alabama.gov/peer-support/> **Toll-Free Hotline: 1-844-307-1760**. |

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| **Substance Use Recovery Programs** | The Resource Directory Map delineates the 202 Alabama Department of Mental Health certified substance use treatment centers. Programs specific to the population include –* Special Women’s Programs are designed for women to bring their children with them to treatment. To be eligible for Special Women’s Programs, a woman must be pregnant, have dependent children, or have the potential for family reunification if she has lost custody of her children.
* Women’s Residential Programs are for women who do not meet the eligibility criteria above for the Special Women’s Program.

Pregnant women have priority admission to all certified treatment providers. Special Women’s Programs and Women’s Residential Programs are state funded, cannot turn anyone away based on inability to pay, and offer no admission fees for pregnant women and women with dependent children. The SAMHSA national helpline for individuals with mental health and/or substance use disorders is 1-800-662-HELP (4357). |

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| **Women, Infants and Children (WIC) Supplemental Nutrition Services** | The WIC program is a federally funded program that is administered by Alabama Public Health. Eligibility is based upon family income, family size and other nutritional risk factors. The program serves eligible families during the prenatal period through the child's fifth birthday. The program provides nutritional information, nutritional assessment and education, and vouchers for eligible food items including infant formula. In addition, WIC encourages breastfeeding among participants and will provide education and support to mothers who choose to breastfeed their babies. More information about WIC eligibility and services can be found at <https://www.alabamapublichealth.gov/wic/> |

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| **ADHR KEY INFORMATION** | Infants who meet the following criteria are considered abused or neglected at birth – (1) test positive for illegal substances, (2) test positive for alcohol and/or exhibit symptoms of fetal alcohol syndrome, (3) test positive for prescription or over the counter medications due to the “mother’s consumption and misuse of those medications.” Misuse of prescription or over the counter medications is defined as “an excessive amount of medication in the infant’s system as determined by a medical professional.” The Alabama Department of Human Resources (ADHR) website provides information on how to contact a local office: <https://dhr.alabama.gov/county-office-contact/>.**Alabama Department of Human Resources Website:** <https://dhr.alabama.gov/>SB372:enacted in 2016, states *“that no one would violate the Alabama Child Abuse Act, including the chemical endangerment of a child laws, if the responsible person was the mother of the unborn child, and she was, or there is a good faith belief that she was,* ***taking the controlled substance pursuant to a lawful prescription*** *or taking the non-prescription FDA approved medication or* ***substance as directed or recommended by a physician or health care provider*** *acting within the authorized scope of his or her license.”***Mandated Reporter Information:** Alabama state law requires that most professionals in education, health care, law enforcement and social work report suspected neglect or abuse. Any mandated reporter having reasonable cause to believe a child known to them in their professional or official capacity may be an abused child or a neglected child shall immediately report or cause a report to be made to the Department. **To report suspected child, abuse or neglect, contact your local DHR office. Mandatory reporting training can be accessed at** <https://aldhr.remote-learner.net/>. |