



# NOWS INITIATIVE

## 30-60-90 Day Plan Worksheet

Use this tool to help you clarify your team aim(s) and plan for the next 90 days of improvement work with the ALPQC NOWS Initiative.

<b>Foundations</b> [Reflect on your strengths and barriers to help you select your aim, goals and plan]	
<b>Strengths</b>	
<b>Barriers</b>	
<b>Focus of Your Work</b> [You'll want to select at least one team aim and one equity/patient partnership goal]	
<b>Team Aim(s)</b>	<ul style="list-style-type: none"> <li>▪ Reduce length of stay by 10%</li> <li>▪ Reduce exposure to pharm care among OENs at our facility by 10%</li> </ul>
<b>Equity and Partnership Goal(s)</b>	<ul style="list-style-type: none"> <li>▪ Work with admissions/registration to establish system to accurately document patient self-identified race/ethnicity and preferred language.</li> <li>▪ Develop process to support improved understanding and interaction in patient education (e.g., "teach-back" method; see resources <a href="#">here</a> and <a href="#">here</a>).</li> <li>▪ Implement process to collect patient/family feedback; use feedback to identify areas of improvement and run PDSA cycles to test changes.</li> <li>▪ On a regular basis (e.g., quarterly), report stratified measures back to staff and physicians, include debrief.</li> </ul>
<b>Looking Ahead</b> [Should be tied to the aim/goals and to each other (should build on each other over the 30, 60, 90 days)]	
<b>Things to Accomplish in Next 30 Days</b>	<ol style="list-style-type: none"> <li>1. Develop/implement comprehensive non-pharm guidelines and checklist to implement at bedside and monitor consistent application.</li> <li>2. Provide education on new non-pharm guidelines to all nursing staff.</li> <li>3. Develop process for documenting use of non-pharm guidelines and tools.</li> </ol>
<b>Things to Accomplish in Next 60 Days</b>	<ol style="list-style-type: none"> <li>1. Set up PDSA cycles for implementation of non-pharm guidelines and tools.</li> <li>2. Develop/implement comprehensive pharm guidelines to implement at bedside and process for documenting consistent application.</li> <li>3. Provide education on pharm guidelines to all relevant staff.</li> </ol>
<b>Things to Accomplish in Next 90 Days</b>	<ol style="list-style-type: none"> <li>1. Set up PDSA cycles for implementation of pharm guidelines.</li> <li>2. Develop/implement plan for implicit bias training for all staff.</li> <li>3. Develop process for documenting completion of implicit bias training.</li> <li>4. Set up PDSA cycles for implementation of implicit bias training.</li> </ol>