

PLAN:

- Place infant in private, side room upon admission to NICU
- Educate parents through prenatal infant withdrawal class or at bedside upon admission
- Have primary NAS nurses care for infant
- Place on NNP service
- Observe for 24 hours in NICU prior to starting any pharmacologic treatment

ACT:

- Adapt: Improve the change and continue testing plan. Plan/changes for next test:
- **Adopt:** Select changes to implement on a larger scale and develop an implementation plan and plan for sustainability
- Abandon: Discard this change idea and try a different one



DO:

- Infant admitted to NICU side room (breast feeding room "B")
- Mom given education upon admission
- Scoring completed

STUDY:

What did you learn?

- Infants scores in NICU low (14 and 16 on MBU prior to admission)
- Parents are not always available to stay with infant
- Parents, in this case, were very active, willing participants: Mom/dad visited daily, Mom stayed 2 ½-3 hours
- No need for pharmacologic treatment; D/C on DOL 7: Not all infants need to be started on pharmacologic therapy immediately with scores over 8