**NOWS Discharge Checklist**

This NOWS Neonatal Discharge Checklist needs to be completed for every Opioid-Exposed Newborn (OEN) before infant discharge.

* Education provided regarding:
  + Understanding components of

**NOWS Collaborative Discharge Plan**

* + Importance and benefits of breastfeeding, unless contraindicated
  + Increased risk of visual problems including strabismus
  + Developmental follow-up, physical and occupational therapy
  + Safe sleep practice
  + Non-accidental trauma
  + CPR
* Narcan counseling offered.
* Linkage to addiction services and MOUD/MAT made, as applicable.
* Patient received “Neonatal Opioid Withdrawal Syndrome: What you need to know - A Guide for Families”
* 4-7 days of inpatient monitoring for infants exposed to buprenorphine and sustained-release opioids

**who do not require pharmacotherapy**

* 5-7 days of inpatient monitoring for infants exposed to methadone **who do not require pharmacotherapy**
* 72 hours of inpatient monitoring after pharmacotherapy for infants who **require pharmacotherapy**
* The infant should feed well and gain weight over two consecutive days
* Consultation with social work or hospital equivalent completed
* Medication dispending schedule and demonstration of ability to dose the infant, as applicable
* Scheduled a developmental follow-up appointment and/or physical and occupational therapy appointments as applicable
* Hepatitis B/ Hepatitis C/ HIV exposed infants – Pediatric infectious disease appointment scheduled or if preference is to follow infant in primary care, please refer to 2018 American Academy of Pediatrics Red Book for current recommendations

**II. Family Preparedness**

**I. Clinical Readiness**

* Completion of **NOWS Collaborative Discharge Plan** in partnership with care team, family, and community pediatrician.
* Communication and coordination with primary care provider completed:
  + Discussion of medical and social information, including infant custody
  + Description of hospital course
  + Plan for outpatient medication wean, if applicable
  + Heightened need for vision screening for refractive errors/strabismus
* Coordination and clearance with local Department of Human Resources (DHR) office completed, as applicable

**III. Transfer of Care**